

"EDUCATING THE COMMUNITY THROUGH OUR PASSION FOR COLOR, SOUND AND MOVEMENT."

# ADULTZ CLASS SCHEDULE

### MONDAY

Aerial Yoga 6:00p - 7:00p Coach LA Hammock 2/3 7:15p - 8:30p Coach LA

# **WEDNESDAY**

Fabric 2 7:00p - 8:30p Coach R

# **FRIDAY**

Hammock 1/2 6:00p - 7:15p Coach LA

## TUESDAY

 Yoga
 12:00p - 1:00p
 Coach V

 Fabric 1
 1:00p - 2:00p
 Coach V

 Trapeze/Lyra 1/2
 5:45p - 6:45p
 Coach Day

 Fabric 3
 5:45p - 7:15p
 Coach M

 Hammock 1/2
 7:30p - 8:45p
 Coach P

## **THURSDAY**

 Yoga
 12:00p - 1:00p
 Coach V

 Hammock 1/2
 1:15p - 2:15p
 Coach V

 Fabric 1
 6:45p - 7:45p
 Coach L

## SATURDAY

 Fabric 1
 9:15a - 10:15a
 Coach L

 Fabric 2
 9:15a - 10:30a
 Coach L

 Fabric 3
 12:30p - 2:00p
 Coach S

# SUNDAY

Fabric 1 12:00p - 1:00p Coach S Fabric 2 12:00p - 1:15p Coach S

#### **TEACHERS:**

V- Victoria • P- Patrick • LA - Lauren • L - Lyon • M - Mika • S-Sammy • Day - Dayana • R - Rylee

### PRICING:

### MONTHLY MEMBERSHIP PASS OPTIONS:

DROP-IN \$35 · OPEN STUDIO PASS \$15 · UNLIMITED OPEN STUDIO MONTHLY PASS \$100

MONTHLY MEMBERSHIP PASS OPTIONS:
1 CLASS PER WEEK \$99 • 2 CLASSES PER WEEK \$180 • 3 CLASSES PER WEEK \$240

- \*AFTER 4 PER WEEK, ADDITIONAL WEEKLY CLASSES ARE \$50 PER MONTH.
  DROP-IN FOR MEMBERSHIP HOLDERS \$25 OPEN STUDIO PASS \$10
- MEMBER SPECIAL: \$20 · STARTER PACK: \$75 (BEGINNER CLASSES ONLY)
   OPEN GYM VARIES BY DAY EMAIL OR TEXT FOR BOOKING